



BEYOND RIGHT+WRONG

POWERFUL DIALOGUE FOR THESE CHALLENGING TIMES

AN INTRO TO THE LEARNABLE SKILLS OF NONVIOLENT COMMUNICATION*

with **Kate Raffin** - certified NVC trainer www.hearttalkmatters.com

DATES: **PART 1: INTRO: FRI 11TH FEB, 6 - 9 PM**

PART 2: SAT 12TH FEB, 1 - 6 PM

PART 3: SUN 13TH FEB, 9 AM - 3 PM

Each part is a prerequisite for the next

CONTRIBUTION: **\$180 TO \$300 SLIDING SCALE**

PART 1 (INTRO ONLY) \$50

We want to make this training both accessible and sustainable -
Please contribute at the top of your ability

Special offer to re-sit whole course with Kate \$140 - limited places

VENUE : 1ST MEREWETHER SCOUT HALL, SMITH ST, NEWCASTLE WEST

In this dynamic training we will use real life examples to explore how we can:

- cut the exhausting guess work by attending to what will really make a difference
- stay open, curious and safe when tension arises
- create the support we need to sustain ourselves while attending to what truly matters
- contribute to others wellbeing while simultaneously attending to ours
- become a valuable resource for our important relationships by choice

BOOK : <http://hearttalkmatters.com/beyond-right-and-wrong-newcastle-july-2021/>

More info : Sonia: soniazenthai@gmail.com Kate: kate@kateraffin.com

IT'S A LIFE CHANGER, TOTALLY WORTH IT. IT'S PROPER WORK DONE ON THE BASICS OF HUMAN CONNECTION.
DO IT! - YOU WALK AWAY ENRICHED AND UP SKILL IN SOMETHING OF THE EVERYDAY LIFE - GIACOMO, MAY 2021

*NVC is based on the work of Marshall Rosenberg www.cnvc.org