

# FUNdraising ideas

## We can use everything as practice !!

**“One of the greatest needs us humans have is the need to contribute and make a difference”** - Marshall Rosenberg – founder of Nonviolent Communication

Here are some ideas we hope will inspire you to work with any limitation you have with money and joining us on this trip.

1.



Write an email /text to REQUEST support from family and friends. As a practice, write this email **CONNECTED TO THE NEEDS** you are hoping to contribute to asking for their support and a **CLEAR DO-ABLE REQUEST**.

Eg dear beloved friend,

I am writing to ask for your support.

I am so excited about the opportunity that has presented itself in the form of a canoe trip in January. This trip is combining connecting with the richness of the Nymboida river ( northern NSW) AND learning and practicing the skills of Nonviolent Communication. These are valuable skills for me in every aspect of my life because

.....

Please see this link for further info

<https://journeyoutdoorsinnature.com.au/upcoming-journeys/>

The cost of the trip is \$1390 and I have a short fall of \$600.

Is this something you would enjoy to contribute to ?

If so, ANY contribution you make will help me get there.

My account details are here.

BSB ....

Please talk to me if you want any more info.

Much love,

K8

2.



Dear friends,

I have been busy making these beautiful ... cards, books, cookies, artworks, poems, songs, paper lanterns, doilies, tool boxes ...

And wonder if you would like to buy some because:

1. they are beautiful and will make great xmas gifts AND ...
2. the money will help me get to a journey I'd love to go on.

This trip is combining connecting with the richness of the Nymboida river ( northern NSW) AND learning and practicing the skills of Nonviolent Communication. These are valuable skills for me in every aspect of my life because .....

Please see this link for further info

<https://journeyoutdoorsinnature.com.au/upcoming-journeys/>

The cost of the trip is \$1390 and I have a short fall of \$600.

Is this something you would enjoy to contribute to ?

If so, ANY contribution you make will help me get there.

Please let me know how many you would like to buy.

My account details are here.  
BSB ....

Please talk to me if you want any more info.  
Much love,  
K8

3.



Hi dear Neighbour,

My name is Kate and I live at 6b Alice Lane Newtown and wonder if we have a mutual exchange available to us.

I am fundraising for a trip ...

I have skills in

- ⤴ baking
- ⤴ cooking really good family meals
- ⤴ childminding
- ⤴ massage
- ⤴ cleaning
- ⤴ empathy
- ⤴ mending broken things and clothes
- ⤴ teaching guitar
- ⤴ mediation /dialogue support
- ⤴ home decorating
- ⤴ de-cluttering
- ⤴ feeding /walking your dogs
- ⤴ washing your car
- ⤴ playing non-computer games with your kids
- ⤴ playing computer games with your kids

Are any of these skills a match for what you need at the moment?

If so, please call me on 0488 550 979 so we can discuss how this might work for us both.

Much warmth,  
Kate