

# WHITewater

FUN

+ LEARNING

SHARED WITH GREAT

SAFETY, TRUST,

NOURISHING FOOD,

COMPASSIONATE

SUPPORT, DEEP

PERSONAL LEARNING,

ALL WITH LIKE MINDED

COMMUNITY.

WHAT ARE YOU  
WAITING FOR?

MICHELLE, 2023



START THE  
YEAR FEELING...

Inspired, fresh  
& Connected

7TH-15TH  
JAN 2024  
.....  
EARLY BIRD  
AVAILABLE

### JOURNEY INCLUDES:

Rivers, rapids, and remoteness in Northern NSW

Wilderness campsites with more than 5 stars.

Qualified NVC Facilitator with daily  
practices supported in real-life scenarios.

Qualified & experienced river guides  
and canoeing equipment.

Delicious, local, organic food.

Morning wellness sessions.

Nymboida river

Northern NSW, Gumbaynggirr country



Heart  
Talk  
Matters



## NONVIOLENT COMMUNICATION (NVC) CANOE JOURNEY

FOR MORE INFORMATION CONTACT US:

☎ 0457 661 573

🌐 [journeyoutdoorsinnature.com.au](http://journeyoutdoorsinnature.com.au)

JOIN US ONLINE  
FOR THE  
INFO NIGHT!