FMBRACE AN OPPORTUNITY TO ENGAGE

CULTIVATING OUR CAPACITY TO RESPOND POWERFULLY NO MATTER WHAT SHOWS UP IN OUR LIVES

using the learnable skills of Nonviolent Communication*

with certified trainer

KATE RAFFIN

'NVC is interested in learning that is motivated by reverence for life, by a desire to learn skills, to contribute better to our own well-being and the well-being of others.' - Marshall Rosenberg, founder of NVC



"You have so much to gain It's invaluable in enriching relationship."

"Thank you - my learning brought about a resolution to an 8 month old family impasse last week!"

"The main thing I'm taking away is the courage to learn how to deal with conflict peacefully — with more awareness"

MARY MAJELLA HALL,

CAIRNS HINTERLAND STEINER SCHOOL, KURANDA, FAR NORTH QLD.

EMBRACE NVC FOUNDATIONS COURSE

SAT 19TH + SUN 20TH JULY, 2025, 9.30 - 5.30 PM

_BOOK_YOUR_PLACE :HTTPS://EVENTS.HUMANITIX.COM/EMBRACE
=IN=FNQ=CULTIVATING=OUR=CAPACITY=TO=
RESPOND=POWERFULLY=NO=MATTER=
.WHAT=SHOWS=UP=IN=OUR=LIVES

Contribution

\$180-\$380 sliding scale.

\$140 - resit with Kate

(Places limited)

We want to make this training as sustainable and accessible as possible,
Please contribute at the top of your ability



'Our survival as a species depends on our ability to recognise that our well-being and the well-being of others are in fact one and the same.'

- * Dr Marshall Rosenberg - Founder of NVC*



www.hearttalkmatters.com