

EMBRACE

CULTIVATING OUR CAPACITY TO RESPOND POWERFULLY
NO MATTER WHAT SHOWS UP IN OUR LIVES

using the learnable skills of Nonviolent Communication*

with certified trainer **KATE RAFFIN**

'NVC is interested in learning that is motivated by reverence for life, by a desire to learn skills, to contribute better to our own well-being and the well-being of others.' - Marshall Rosenberg, founder of NVC



"You have so much to gain
It's invaluable in enriching
relationship."

"Thank you - my learning
brought about a resolution to
an 8 month old family
impasse last week!"

"The main thing I'm taking away is
the courage to learn how to deal
with conflict peacefully - with more
awareness"

THE MALENY YOGA SHED

SAT 21ST + SUN 22ND JUNE, 2025

9.30 - 5.30 PM

Saturday is a pre-requisite for Sunday

Contribution

\$180-\$380 sliding scale,

\$140 - resit with Kate

(Places limited)

We want to make this training as sustainable and
accessible as possible,

Please contribute at the top of your ability

[_BOOK_YOUR_PLACE_](https://events.humanitix.com/embrace-nonviolent-communication-course-june-2025)

[HTTPS://EVENTS.HUMANITIX.COM/EMBRACE](https://events.humanitix.com/embrace-nonviolent-communication-course-june-2025)

[_NONVIOLENT_COMMUNICATION_COURSE_](https://events.humanitix.com/embrace-nonviolent-communication-course-june-2025)

[JUNE-2025](https://events.humanitix.com/embrace-nonviolent-communication-course-june-2025)



'Our survival as a species depends on our ability to recognise that our well-being and the well-being of others are in fact one and the same.'

- * Dr Marshall Rosenberg - Founder of NVC*

www.hearttalkmatters.com